Religions for Peace UNITED KINGDOM

Q3 Newsletter




## Paving the path of peace

**Hello fellow peacebuilders, supporters, trailblazers, and colleagues!**
**We are keen to work with you and provide resources for issues of our priority. We continue our commitment to contributing to peaceful society by sharing useful practices by experienced practitioners with our faith and belief communities.**

We are happy to share with you the launch of several programmes.

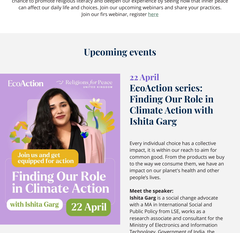



Last month we saw the beginning of our '**Parenting for a Changing World' series** which aims to provide support and guidance to parents, educators, caregivers, and all those involved in nurturing the next generation. The series will address a variety of wellness, as well as addressing key topics aimed at equipping caregivers with the information and knowledge involved in raising children who are inclusive, resilient, sustainable and adaptable to the challenges of the contemporary world. The project also aims to alleviate some of the pressure and uncertainties faced by parents, empowering them to the children's future.

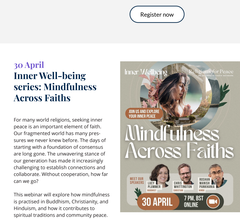



The first webinar on '**Digital Parenting**' **led by Dr Elizabeth Milodilov** made a head start for this programme and was very well received indeed.

Watch the recording



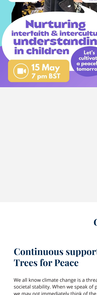

Recently we announced our **EcoAction programme** that aims to explain and show peacebuilders and changemakers that individuals matter, they can steer their families, influence their communities and gather strength to demand actions and solutions from the people we elect. We are all passionate because we belong or unwittingly, we are contributors. Our EcoAction series is dedicated to empowering individuals, households, communities, and society to take meaningful action. This month we'll have our inaugural webinar on **Finding Our Role in Climate Action** with Ishita Garg. Register here




As we believe that peace is the path and not a far off aim, we strive to foster inner peace as a fundamental element in living peace in our days and strengthening peace around us in our environment. But how would you manage that in a world of practices that differ from each other? Are we sure they really are so different? To learn this and discover ways from our faith and belief practitioners **Inner Well-being series** can provide methods of building inner resilience and become a source of peace to our families, communities and beyond. **Inner Well-being is UKIYN's series** of webinars featuring meditation practices from a variety of religions, offering the chance to promote religious literacy and deepen our experience by seeing how that inner peace can affect our daily life and choices. Join our upcoming webinars and share your practices.

Join our firs webinar, register here

## Upcoming events



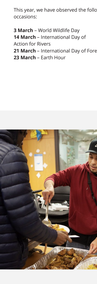

### 22 April
### EcoAction series: Finding Our Role in Climate Action with Ishita Garg

Every individual choice has a collective impact, it is within our reach to aim for common good. From the products we buy to the way we consume them, we have an impact on our planet's health and other people's lives.

**Meet the speaker:**
**Ishita Garg** is a social activist and a MA in International Social and Public Policy from LSE, works as a research associate and consultant for the Ministry of Electronics and Information Technology, Government of India, the Co-founder and Director of EKSTEMPLAR Education Leaders Foundation.

📅 22 April 2024
🕐 7:00 PM BST

Register now




### 30 April
### Inner Well-being series: Mindfulness Across Faiths

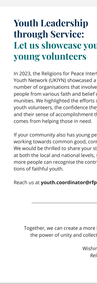
For many world religions, seeking inner peace is an important element of faith. Our fragmented world has many pressures we never knew before. The days of starting with a foundation of consensus are long gone. The unwavering nature of our generation has made it increasingly challenging to establish connections and collaborate. Without cooperation, how far can we go?

This webinar will explore how mindfulness is practised in Buddhism, Christianity, and Hinduism, and how it contributes to spiritual traditions and community peace.

Our Guest Speakers:
**Lucy Plummer** (Buddhist)
**Roshan Manish Pankhania** (Hindu)
**Jane Whittingham** (Christian)

📅 30 April 2024
🕐 7:00 PM BST

Register now




### 15 May
### Nurturing Interfaith and Intercultural Understanding in Children

Are you interested in fostering a more inclusive and understanding environment for children? Join us for an enlightening webinar session as part of our 'Parenting for a Changing World' series!

This webinar is aiming to equip parents, caregivers, educators and youth workers with strategies and valuable insights on nurturing fundamental values in children and youth. By fostering a culture of respect, understanding and collaboration from an early age, we lay the foundation for a safer, more harmonious world for generations to come.

Meet our speakers:
**Dr. Maureen Sier** – a theologian and the Director of Interfaith Scotland
**Frances Hume** – the National Development Officer at Interfaith Scotland

📅 15 May 2024
🕐 7 pm - 8 pm, BST

Register now

## Get Involved

### Continuous support Trees for Peace

We all know climate change is a threat to societal stability. Have we speak of peace we may not immediately think of the environment right away.

Religions for Peace UK well recognises the importance of tree planting in the scheme to repair some of the damage we inadvertently caused in the past. By supporting our 'Trees for Peace', you help rewild Scotland & mitigate extreme weather events.

**RFPUK is pledging to add 5 trees to our Grove on Environmental Days.** So far, with your help, we have donated 93 trees.

This year, we have observed the following occasions:

**3 March** – World Wildlife Day
**14 March** – International Day of Action for Rivers
**21 March** – International Day of Forests
**23 March** – Earth Hour




**Coming up this quarter:**
**22 April** – Earth Day
**11 May** - World Migratory Bird Day
**20 May** - World Bee Day
**22 May** - International Day for Biological Diversity
**5 June** – World Environment Day
**7 June** – World Food Safety Day
**15 June** – Clean Air Day UK
**17 June** – World Day to Combat Desertification and Drought
**22 June** – World Rainforest Day

We invite you to join us in this vital endeavour. **One tree at a time.**

Contribute



### Refugee Integration Project: Taking up the responsibilities as hosts

UKIYN is supporting Hillsong Church UK in their effort to help refugees integrate into their new life, especially during the long application process when many struggle to find purpose and relief from worry and anxiety. The project takes a number of refugee guests to further cultural locations or places of worship to widen their contact with the UK society.

If you wish to get involved please contact **youth.coordinator@rfpuk.org**



### Youth Leadership through Service: Let us showcase your young volunteers

In 2023, the Religions for Peace Interfaith Youth Network (UKIYN) showcased a number of organisations that involve young people from various faith and belief communities. We highlighted the efforts of youth volunteers, the confidence they gain, and their sense of accomplishment that comes from helping those in need.

If your community also has young people working towards common good, contact us. We would be thrilled to share your stories at both the local and national levels, so that more people can recognise the contributions of faithful youth.

Reach us at **youth.coordinator@rfpuk.org**



Together, we can create a more harmonious and compassionate world by harnessing the power of unity and collective action. Let's continue on this journey together!

Wishing you peace and blessings,
*Religions for Peace UK Team*

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